

Please feel free to print out or "Save as... Text" this article to your hard drive.
(Microsoft Explorer browsers may lose spacing between paragraphs.)

THE HEART CHAKRA AND THE TSUNAMI WAVE

P.M.H. Atwater, L.H.D., Ph.D. (Hon.) P. O. Box 7691 Charlottesville, VA 22906-7691

© 2005 P.M.H. Atwater, L.H.D., Ph.D. (Hon.)

Who can comprehend the tsunami wave that swept away so many people in countries bordering the Indian Ocean on December 26, 2004, the day after Christmas? The death toll staggers the mind.

Around the clock postings of horror, grief, and heroic aid in terms of medical teams, water, food, helicopter deliveries, blare from television screens and radio stations. Thanks to the newest in technology, news today is instantaneous. Far-flung governments have pledged workers and monies in historic proportions. The terrorist attack of September 11th on the World Trade Center in New York City now seems almost inconsequential by comparison.

No government can be blamed for this tragedy or cursed for not having done enough to prevent it. True, an ocean warning system in Asian waters could have made a difference, yet, considering the death toll, not that much. Better global standards for pollution emissions and environmental abuses could have slowed weather changes, but not to the point of affecting the real issue -- the planetary processes and gyrations that define and maintain the health of our living earth. We are not God. We can recognize and work with earth's evolutionary design, but we cannot stop it -- nor should we.

What follows are some observations I would like to share about the energy patterns interweaving this event in the hope of offering some clarity and context to what has occurred.

Abrupt switches in the energy flux that fills our world began June 6, 2004, the day of the Venus Eclipse. Nearly everyone, everywhere, was affected. Reports of feeling dizzy, somewhat disoriented, "off-course" somehow in life, were the most frequently made. Anxiety, as if something were about to happen that could not be controlled, became as if a symptom affecting one's breath and sense of well-being. Most tossed this off to the coming Presidential elections and the selling of fear. Yet

when the elections were over, irrespective of how one voted, anxiety continued. Maybe it was the escalating war in Iraq. Maybe it was the job situation and out-sourcing. Fresh visions and new ideas from people willing to ride out the unsettling times and prosper in spite of everything intermingled with the peculiar deaths of those in the prime of their life and major losses with homes, savings, careers, relationships, and health.

By November 22nd it felt as if the world was in free fall. That's when I noticed how people's complaints shifted to shortness of breath, heart and lung problems, body pain, depression, feelings as if they were going crazy. Dream content centered around being lost or drowning. Overall, though, what crossed my desk the most were issues that involved caring and compassion, and most particularly the heart and irregular heart beats. The holiday season was a little muted but okay, more than okay, actually, in how families drew closer than I've seen in some time. Heartfelt love and appreciation soared. . . *at the same time perfectly healthy people were having heart attacks!* I mean *healthy* people. I mean *real* heart attacks that medical testing could not account for nor explain. I was one of them.

In dealing with my December surprise, I finally recognized what had been going on since the Venus Eclipse: the global heart chakra was opening to a newer, higher level. Literally, our hearts, everyone's heart to some degree, was throwing off, discarding, any armoring, any protection or blocks or shields that surrounded it. The heart, the global heart, was rendering itself bare. This incredible shift in heart consciousness was happening to us as a family, the human family. Those who are the most sensitive were affected first.

Then came the earthquake in Sumatra and the devastating tsunami wave that ravaged the shores of the Indian Ocean, altered the earth's axis, raised water levels off the coast of northern California while oscillating water in wells throughout Virginia. I don't know a single soul who predicted this event (some psychics had alluded to it in terms too general to mention). I suspect, though, that we all knew it was coming because of how we felt it in our bodies and in our hearts. Here's why I say that.

When I learned of the event, I went into deep prayer, along with millions of others. That day and the next I also journeyed in spirit form to various affected sites to be of service to the dead and dying, helping them to cross over to the spirit realms in the best way I could. I felt strangely relaxed about going there and even more relaxed once I arrived. This puzzled me at first, until I saw the souls who had left their bodies.

Young and old, male and female, brown skin/white skin -- all of them who had passed the threshold of death - were smiling and at peace. I did not see one pained face, nor did I sense any feelings of panic, fear, anger, regret, or terror. The souls I encountered and there were huge crowds of them, were calm, composed, more relaxed than I, and milling about in stunning brightness as if awaiting direction or guidance for their next move. Surely there must have been some who were upset,

confused, or traumatized, but I didn't find any like that. I did not go back simply because I wasn't needed. The souls were alright. My attention turned to those yet alive.

My prayers are ongoing for the living. My support for the relief efforts continuing. Those who have physically gone to Sri Lanka or the other countries involved offer this same comment: there is a graciousness about the people that stands in contrast to what they've been through. Yes, many are in shock; others, sobbing. Still, there is a type of calmness, a willingness to pitch in and do what can be done, that transcends place and time. Clearly, another energy pattern is present aside that of horror and tragedy, and it's operating like an attractor.

The human family (and all else in creation) responds to energy attractors automatically. It's as if, once a resonance beam is established in the energy world, anything that picks up that beam responds to its signals. Have you noticed the response throughout the world to what happened in the Asian countries affected by this event? Response of both the living and the dead is totally unlike what I found at Ground Zero during and after the September 11th terrorist attacks in 2001. These souls were smiling, almost unaffected -- as if the tragedy was okay with them. None that I could tell had suffered. Strange as it may seem, they were at peace.

The public's response to this tragedy has been entirely from the heart. Competing governments and arrogant religions, groups who hate each other, are coming together and cooperating with each other to do everything they can to help. Attempts at peace, endless negotiations between nations, committee meetings and political rallies, none of these efforts has produced one whit of what the earthquake and the tsunami wave have already done. The tragedy they spawned is uniting us.

There will be more tragedies. The increasing intensity of destructive storms is just getting started. Earth changes have begun.

The island of La Palma in the Canaries north of Africa, that steep ridge of rock jutting out from a volcano, is separating -- three more feet of recent date. An eruption would cause half of the island to fall into the Atlantic Ocean, creating a tsunami wave that would devastate the entire eastern seaboard of the United States, not to mention areas in Canada, Europe, and other countries. Some psychics say such a split is imminent. Regardless of when, La Palma is a threat not to be ignored. There are many others. We have managed as a people, with our prayers and good intentions, to slow down the earth's need for change. Now it is the earth's turn to speak.

The years of 2013 through 2029 concern me the most, however, for this is the span of time I believe the human family will be the most sorely tested, especially entire governments and specifically the United States. Great progress and great disaster await us during those years.

Our safety lies within our hearts and the wisdom it possesses.

The global heart chakra opened to a higher vibrational level. If we resonate with this, with compassion and caring, forgiveness and reconciliation, the Ascension of the Fifth World (what is happening now) will proceed on schedule and amaze us all. I detail this in my book *Beyond the Indigo Children: The New Children and the Coming of the Fifth World* (Inner Traditions, due out September 28, 2005).

In writing this book, I never dreamed that the global heart chakra and the tsunami wave would together launch the new world that is rising. Now that I know I understand what many of our individual hearts have been doing -- throwing off that which holds us in and walls us off from our fellows. We are being laid bare. We are being shown that only love is real and only that which we do for others, counts.

###

Access www.pmhatwater.com for more information and references about the work of Dr. Atwater. She has authored *Coming Back to Life*, *Beyond the Light*, *Future Memory*, *Children of the New Millennium*, *The Complete Idiot's Guide to Near-Death Experiences*, *The New Children and Near-Death Experiences*, *Goddess Runes*, and *We Live Forever: The Real Truth About Death*.

1464920

Visitors to this site.