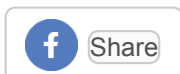


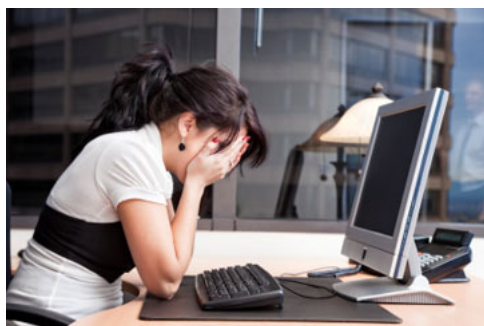
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Special edition on electrical sensitivity and some other anomalies occurring after a near-death experience.

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WE MUST TALK ABOUT THIS, SO WE WILL



From Laura Gavey: *Yes, electrical things do tend to act a bit flooy around me. I'm ALWAYS the one with the "possessed pc," or the tv that turns off/on by itself, etc. I was wondering if you had heard from anyone else that this 'ability' or 'what-have-you' is spontaneously evolving? I certainly never expected it would happen, that at the age of, well, over 40, it would suddenly manifest in all kinds of new and different ways. I'm trying to make sense of it. I have decided to start consciously attempting to develop my abilities further. I began REMEMBERING THINGS THAT HAVEN'T HAPPENED YET! I truly thought this time I might actually*

be losing it. Tremonitions, dreams that come true, KNOWING things - what others are thinking, feeling what others are feeling, massive barrages of deja vus, and more, are what I was used to. But this one I had no ideas what to do with. I was just stunned when I read in your book that this was an actual experience that not only I had.

From Bonnie Montgomery: *My NDE took place as a young girl and I feel that I am just beginning to learn about all of the ramifications of it. I have been this way for years (electromagnetic sensitivity), but it appears to be getting*



much more intense. I became a hospice chaplain (finished my CPE training in a big medical center in Akron, Ohio, and worked ICU for almost a year and a half) recently, and as I become more spiritual in my personal life, the electromagnetic issues seem to be more intense. Is this unusual? I have every symptom of having an NDE but sometimes find it difficult to understand the psychic and healing aspects of this. They are getting stronger, too. Interestingly enough, though my NDE was the most wonderful experience of my life. I didn't talk about it with anyone for literally years because it happened in the late 60's. Now I feel like I am just beginning to find out so many things that now make sense to me. Like, why I hate loud music, can't stand too much light, have psychic things that happen, healing things that happen, why I kill all phones/computers/pagers/TVs/and on, no fear of dying, yet my experience is the most vivid memory of my life.



From Martha St. Claire: *I was sitting at my desk a few months ago at home and the light bulb in my desk lamp exploded! It's been a long time since my NDEs, but gosh. Seems like it was a combination of my energies and a funky bulb. Startled the heck out of me and my Muggsy cat, loudly, and a piece flew to the rug and melted into the carpet!*

TWO EXAMPLES OF MINE AT IANDS' CONFERENCES

(1) At the IANDS' Conference in Seattle, Washington, 2001, college auditorium. Dr. Melvin Morse was ahead of me, speaking about children's near-death experiences. I was so scared that when I spoke, I decided to give it my all. Ceiling lights suddenly began to undulate in waves and continued until I finished. More about what happened in Cathy's story.

(2) At the Hawaii conference in 2003, I was sitting about five or six feet from the main recording equipment when Dr. Bruce Greyson gave a very stimulating talk. When he was done, I left. Later it was discovered that his was the one talk that had mysteriously vanished. . . no recording. The others were fine.



ON ELECTRICAL ANOMALIES AND THE NDE'ER

From Cathy L. Jones: *Personally, I have no business wearing watches - neither does my husband. We cannot keep a watch ticking on our wrists, not even if our lives depended on it. Not only are watches involved, in our acquired electrical freak-outs (AEF's), but we each have our own, peculiar affect on other electrical objects. I'll chat about mine. Oh, by the way, both my husband and I are near-death experiencers.*

Computers - this is a rough one. If too much pent-up energy isn't dissipated before I touch a keyboard, my computer frequently cuts off, and won't recover until I remove my hands, and any other part of me that's touching the computer. Once I stop touching the computer, it flickers back on, and lets me know it stopped responding.

My husband is an IT guy - a computer guy. He has combed over my computer, and there is nothing wrong with it. If I am emotionally intense, while typing away on my computer, the computer cut-off occurs. Once I settle my emotions down, it comes back without any errors.

Transfer all this weirdness over to cell phones, actually any phone. And, it doesn't have to be my phone. I've caused my son's phone to stop responding more than once. He'll say to me, "Mom! Stop it!", and then I will settle my thoughts down, and the darn thing starts working.

Another interesting phenomenon associated with AEF's is the shutting off and turning on of lights, while a situation of high intensity is occurring. I have this affect on one of our outside lights.



However, one of the best displays I have ever seen of AEF's, and the lights on and off weirdness, was at an IANDS Conference in Seattle, Washington in 2001. This was my first IANDS Conference. When I attended, I had no idea that what I experienced was called a near-death experience (NDE). I wasn't even fully aware of what the heck happened to me. I was a skeptic. I still am a skeptic in many ways.

Dr. P. M. H. Atwater was giving a talk at this conference. I think it was about what the near-death experience reveals about consciousness. I cannot fully remember that talk. The reason had nothing to do with the quality of the talk. Dr. Atwater was, and is, just fascinating when she gives a presentation. She held my attention like a baby to a bottle, and that's not easy with me. At least, she had my attention until the lights in the auditorium started - I don't know how else to describe them - they started dancing!

The lights would flash and flicker in one part of the auditorium, come back on steady, only to completely shut off in another part of the auditorium! They were dancing around that large room, and it was like a light show at a concert. I remember Dr. Atwater stating something like, "You think this is something. We took down the entire grid at (and then she named the place)." I was like, come on now. This just can't be real. Someone is messing with the lights. Remember, at this point in my life, I knew next to nothing about NDE's, and absolutely nothing about electrical anomalies associated with them.

As she coolly kept presenting, I slipped out of my seat, and went to the back of the auditorium, where the security guard stood. I asked him

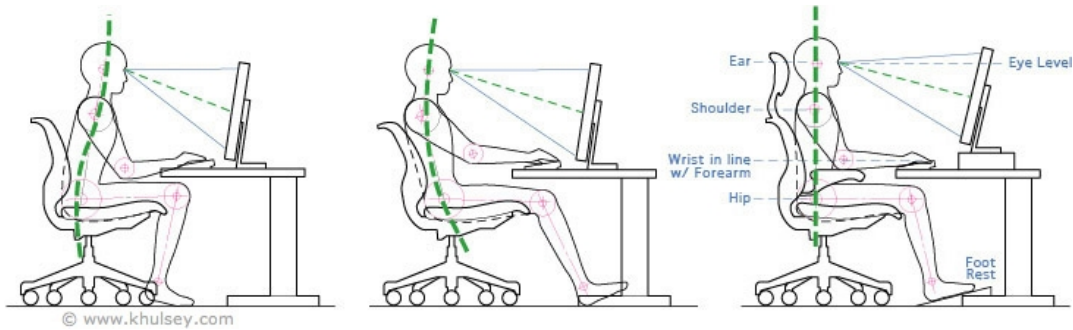
who was playing with the light. He looked at me, with that same look of bewilderment I know I must have had as well on my face!

The security guard told me point blank, "We have checked all of the electrical closets, and every electronic outlet/flow into this auditorium, and there is no explanation for this." Skeptic Me asked to see the electrical closets, and I did. I even looked at the schematics in the fuse boxes, or whatever they were, in order to determine if someone else, from somewhere else in the building could be putting on this light show.

The patient guard showed me everything he knew. There was nothing and no one playing with the lights. When I went back to my seat, the display continued, and only began to calm down, once Dr. Atwater began to conclude her presentation. As she drew the presentation to a close, a few more flickers occurred, and then stopped. Period. That was it.

I will never forget that light show. I know for sure there is an electrical manifestation attached to NDE'ers when they they return, and for me. . . it's still around. The same is true for my husband. Since my last NDE's were in 2011, there is an increase in intensity of AEF's. It's a very real aftereffect of the phenomenon of NDE's, and I'll bet it could be measured.

WHAT HAS HELPED ME WITH COMPUTERS



When computers entered my world (after I died three times), they immediately failed, stopped, flashed, and fell over dead. My heart went out to them. I loved my little friends, so I decided to let them know, and in a way that was respectful. This is what I learned to do, and what has worked for others:

- Sit in front of your computer and totally relax.
- Shift your mind into a meditative state.
- While in that state, project your mind, your consciousness, into your computer.
- Be inside your computer and just be with your computer.
- While there, be in conversation spiritually or in prayer.
- Tell the computer who you are and let it know you mean no harm.
- Let the computer get acquainted with your energy and what it feels like.
- Just be in your computer for a while, letting it feel you.
- Assure your computer that all you want to do is engage its service.
- You have a job to do and you need your computer's help to do it.
- Spell out how you see both you and its job.
- Assure your computer that the two of you can work together.
- Assure your computer that the two of you can help each other.
- Praise your computer for its ability to adjust to your energy and energy field.
- Praise yourself for being able to handle the computer's energy and pulsations.

- Say thank you for the arrangement the two of you now have.
- You are partners, and the job at hand can easily be done by both of you together.
- Thank your computer for helping.
- Enjoy your computer. Affirm that it can handle your energy without difficulty.
- Return to normal consciousness.

I never had problems again with my computer after that "get-acquainted" session. The mutual respect between us continues to this day.

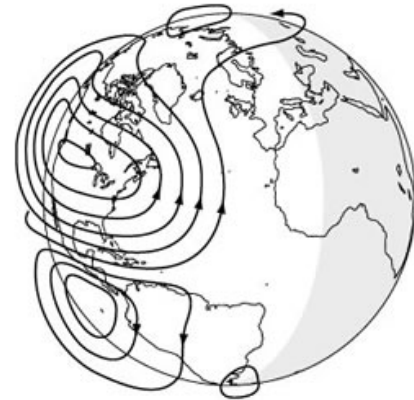
Also helpful, lay out amber between your keyboard and your monitor. I put my amber items in a long narrow box with cotton on the bottom (like what necklaces come in). The amber does not have to be gem-grade. It can be cheap stuff, hunks of unpolished amber, old necklaces, bits and pieces of amber. Amber naturally and of its own nature transmutes the blue light and radiation from the computer into healthy and supportive energy. You do not have to clean the amber or do anything once it is in place. Leave it alone. Just enjoy its presence and its beauty. You do not wear amber around a computer. Never. YOU USE IT. Good to have around you, maybe on your desk or nearby, a hunk or two of lepidolite (the lithium stone - a natural balancer), and a hunk of carnelian (a healing stone). Have a glass a water around - about three feet from monitor. Sip often. Have plants around, a window, air if you can, and lots of natural light as well as brighter light. All of this makes using computers much easier and much safer. I cannot use cell phone and electronic devices because of my electrical sensitivity, nor can I wear watches. Many NDE'ers have found ways to cut through this - some using solar watches instead of those with batteries, some have found a way to handle electronic gadgets without harm. You might experiment and see what

works for you.

SEVERE WEATHER, EARTHQUAKES, TORNADOES

Severe weather changes the ambient electromagnetic field in the air/space. Remember, your near-death experience changed your electromagnetic field. What you experience now is different from before because you are different. All storms have some degree of electrical effects. Be alert to what you feel, sense, see, and hear.

Respond accordingly. Storms have a mind of their own; they have personality. Ofttimes you can talk to them, and they, you.



EARTHQUAKES: The electrical phenomena that accompanies earthquakes is powerful. Displays tend to be wild and will fill your home, go through you, and "dance" around outdoor areas. Those in a closed space are felt the strongest. You can often hear or feel a "buzz," maybe many buzzes, like bees flying around. Air brightens, whatever you see becomes brighter/lighter. Instantly, your head tends to feel numb. You lose body coordination. You find it hard to think and may start crying or feel dizzy or like falling down. When the quake's movement is over, it's not through with you. Effects continue. With those who are sensitive, these effects may last hours, very probably for days. My assessment of this: **THE ELECTRICAL PHENOMENA CONNECTED TO AN EARTHQUAKE STRIPS YOU OF YOUR NATURAL ELECTRICAL FIELD.**

As soon as possible take whatever supplements or emergency remedies you have that will —

- strengthen your heart
- strengthen your thymus
- help to reconnect your electrical circuitry

I doubt that any medical doctor will know how to help you. Some are into alternative care, most are not. Those healthcare practitioners familiar with energy medicine, flower and oil remedies, and realigning the body, should know what to do. What I have found that makes an incredible difference and quickly, are the following —

- Ribonucleic Acid (RNA)
- Thymex, or something like it for the thymus
- eat meat (chicken or red meat preferred) or some type of solid protein
- with all eight amino acids (not all protein sources have all eight amino acids, but meat does and some types of fish like salmon)
- chanting, affirmations, meditation, are seldom that effective until after
- your bodymind assembly has regained some control.
- Prayer can be helpful immediately.

In taking supplements like those mentioned above, I prefer those obtained from Standard Process. I get mine by mail, but I heard their products are now available over their website. Large doses are not needed. I only take one of each per day, and only for those days when my brain and body are still uncoordinated, dizzy, or not grounded. A sensitive person does not need a lot of anything for full effect. Many people do just fine with Essences of Perelandra and/or Flower Essences. [Perelandra has a section in the Marketplace of my](#)

[website](#). Look it over. Consider other sources and supplements, too.

TORNADOES: Electrical phenomena with tornadoes can center around wild lightning strikes that spread out from the spinning vortex. But, what few ever mention are the electrical streaks (sometimes a light blue) that can cover a distance of 10 to 40 miles away from the main cone. Sensitive people can feel these streakers and can be affected by the electrical buzz that crowds air space (strong lightning storms produce similar effects).

If you are within that 10 to 40 mile radius, you can feel some of the same effects as with earthquakes. However, if a number of tornadoes touch down within a short radius (as if together), you could feel a temporary paralysis. . . especially around the neck, larynx, shoulders, and major joints. This happened to me a number of years ago when I was on stage delivering a keynote speech to a gathering of about 700 people in Johnson City, Tennessee. Over 40 tornadoes touched down within that crucial radius. Instantly, my tongue was virtually paralyzed. I could not think clearly, and had to fight to speak anything at all. Yes, I looked like a fool. When I tried to explain what happened, nobody believed me. Fifteen years later, they invited me back. No tornadoes this time.

What I have done when caught in situations like this, is to grab a lemon. I put it up to my nose and breathe its scent; if I can, squeeze some of the juice into a glass of water and drink it right down. Cranberries (unsweetened) are also good for this. Drink lots of water. Recenter yourself through meditative practices or good yoga stretches. Read out loud with the goal of speaking the words your eyes see. You may have to force this for a while, as speaking may be difficult or feel clumsy. Engage in hand/eye games, and jumping in

place. Swallow, clear your throat, swallow again. Do head and neck exercises.

* * * Under no condition eat sugar-anything, or drink any form of soft drinks or alcohol, or smoke, during and after the electrical effects accompanying either earthquakes or tornadoes or lightning storms. You can usually clear up all biological effects within about two to three days, and return to normal diets/behaviors. You can be exposed if your electrical field is stripped or compromised. Fortunately, such exposure can be reversed using suggestions given here. Do not hesitate to seek medical care if you feel you need it. Usually, though, a good healthcare professional can do the job and better. Self-care is fine once you know what to look for and how to handle it.

REPORT FROM MY WEBMASTER

Near-death experiencers become sound and light sensitive afterward, some more than others. My webmaster Steff Wiltse put into words what so many people have said over the years when they try to make recordings. This concerns a project we tried.



From Steff: *As I've said before, the professionalism of the recording is secondary to the audio file being understandable. [What you said] is understandable. But, it is not always easy to listen to. I am still not satisfied with the hiss removal and there are too many drop outs to cut each one out manually. It would take more hours than you'd want to*

pay for. At first I thought these drop outs were just an affect of your tape machine, but they didn't correlate with any technical problem. It is not a matter of the microphone cutting out. There isn't even any tape hiss [during the drop-outs]. I've been trying to eliminate the hiss so the drop outs aren't so markedly silent, but the trade off is that that muddies your voice. This is okay when you are near to the mic, but not when you lower the volume of your voice or get too far away. Guess you can tell when I keep fussing that there's something not quite satisfactory going on. But this is more than quality control. I realized with a start last night that I'd had to deal with this exact same problem once and only once before, doing those videos of yours earlier this year. Sudden 1/10th to several second 'deafening' silences and/or image break-ups. But the video was from a totally different machine, a camcorder not even in your possession! Let me show you what the sound, or lack of it, looks like. . .



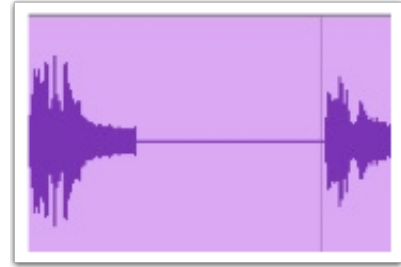
This is normal tape hiss.



This is room murmur.

This is you saying: "And he told one of the most" (with a 4-second drop out) "beautiful stories I'd ever heard."

Notice the total "nothing" of that drop out in the middle. Not even any hiss from the tape. This doesn't seem to happen during phone interviews or digital recordings, only when you are around magnetic tape. Didn't matter how close or far from the mic you were.

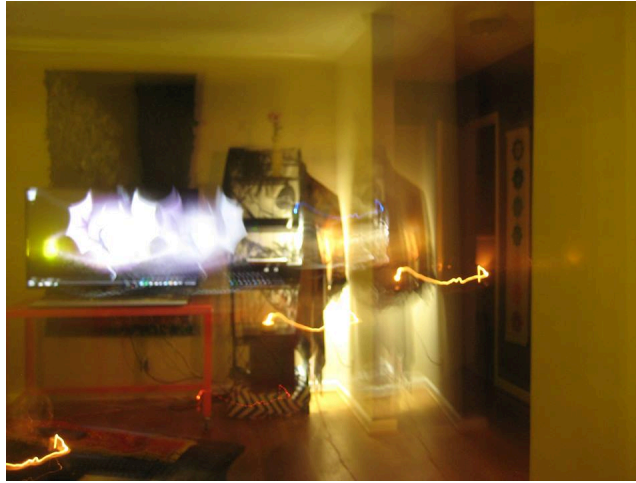


You're going to think I'm daft, but the most marked drop outs on both the video and the audio tapes were when you seem to become most emotionally invested. Clinical or conversational-type discussions had virtually no drop outs in them at all.

THOUGHTOGRAPHY CREATED BY AN EXPERIENCER

"Thoughtography" is his word, not mine - a word created by Nicholas Evanitsky to describe what happens when he takes pictures with his camera. And, it is happening more and more frequently, to the point that he said: "This nonsense has become commonplace in my photography." Nothing like this occurred before his near-death experience.

First Sample: a random photo of a room in his house. Notice the white "fire" dancing to the left and what seems to be snaking energy lines streaking to the right.



Second Sample: taken while aboard a train of a red-sky Atlanta sunrise that turned out to be a reflection of the camera lens on his phone along with the sunrise.

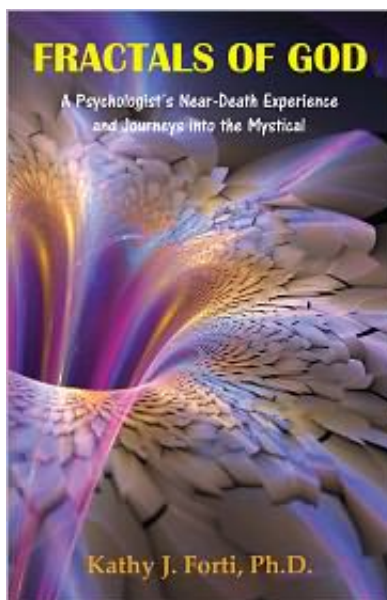


Keep in mind, he's getting these double images and what looks like mistakenly shaken snaps while he's not consciously doing anything to create the result you see in the photos. Yes, I agree with you... these may not be actual examples of the phenomena ...but they do at least demonstrate what it would look like if his energy, perhaps thought itself, were somehow interfering with the film. I have seen photographs like these before - of energy itself snaking across a room, bouncing from individual to individual - of energy streamers zig-zagging across fields and around ceremonial sites and open pyramid frames - of the energy of prayer itself jutting out from churches after the congregation prayed, or in ceremony when the

people there were in deep prayer. I have heard of people who could "project" their thoughts onto unused film in a camera and when the film was developed - bingo - the projected picture appeared. The best study, and subsequent book about this, was done by Jeffrey Mishlove, Ph.D. and his book was *The PK Man: A True Story of Mind Over Matter*. It was about Ted Owens. It's an older book but you still may be able to find a copy through Amazon.com. There are other studies, done in this and other countries. Google them.

This ability is really not that unusual, although it is confusing and sometimes frightening. Scientists in Russia have excelled in this type of research. More is being done now in this country - yet we seldom hear of it. Anyone who would like to speak with Nicholas about this, or has the same thing happening to them, or who knows about this, please contact him via e-mail: nevanitsky@gmail.com . He would be glad to hear from you.

BRAIN CHANGES WITH KATHY FORTI, PH.D.



Dr. Forti is the author of the current release: **Fractals of God: A Psychologist's Near-Death Experience and Journeys into the Mystical**. Kathy had two near-death episodes - one in 1971 and another in 2003. She sent me this artifact to ponder:

Your mention of brain changes sparked the memory that I had once had a QEEG done on me back in my neurofeedback practitioner days (March 2001). There was an anomaly on my EEG which surprised my boyfriend at that time (he owned the EEG

lab). I remember him asking me if I had ever had seizures or anyone in my family had them. The answer was, of course, no. Below in the sentence on the EEG evaluation which referenced this:

- "There are scattered sharp wave discharges in the left and right occipitotemporal regions, raising the possibility of potentially epileptogenic lesions or disturbances in these areas."

This was before my tunnel 2003 NDE, but well after my rape NDE in 1971. I have not had one done since my 2003 experience (since I am now out of that field). But it does make you wonder if occipital-temporal anomalies is a marker.

It is time we change the
conversation about
near-death experiences...
from scenarios, to aftereffects.

– P. M. H. Atwater, L.H.D.

***** I am unable to publish my paper on electrical sensitivity in a journal because I do not use double-blind studies. You bet I don't. The questionnaires researcher use, use words in advance of the experiencer, which in my view biases the result. Yes, I have used questionnaires - three of them - only to triple check my findings from another angle, never as original work. Nothing in my view is as accurate, in-depth, as the observational sessions I use, which are double-checked with different groups in different parts of the country at different times, different ages.

Although in rough form, you can read my [original paper on the subject of electrical sensitivity](#) from my website. Here is the link: There is a possibility that our own Journal of Near-Death Studies may publish a version of my work, after student researchers submit it to the "scientific process." Once that occurs, I'll let you know.

Blessings to all, PMH



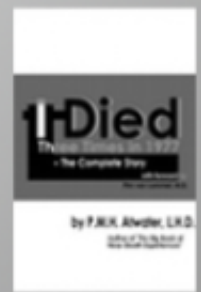
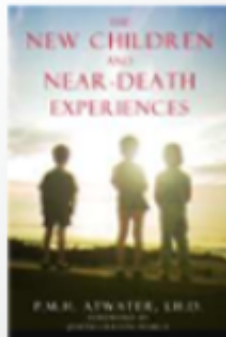
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