

Dr. P. M. H. Atwater:
Her Contributions
To the Understanding
of Life and Death



P. M. H. Atwater, L.H.D.

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About P. M. H. Atwater, L.H.D.

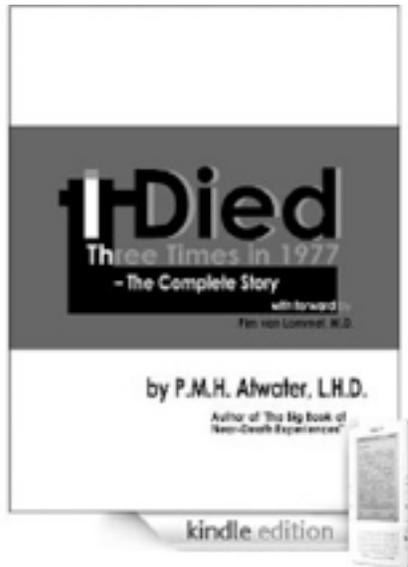


Dr. Atwater is an international authority on near-death experiences and spiritual transformations. "Different" since childhood, she conducted her first double-blind study with a control group at the age five. This led to extensive studies in altered states of consciousness and the transformational process, leading her to initiate Idaho's first non-profit metaphysical corporation, Inner Forum. Thousands of people participated in its many programs and classes. Active in public service, writing, secretarial positions, and analysis, she began training in bank management when she was raped, miscarried, "died" three times in three months. Complications led her to relearn how to crawl, walk, climb stairs, run, tell the difference between left and right, hear

properly, see properly, and rebuild all her belief systems. She had a near-death experience with each death. During her third, *The Voice Like None Other* said: "Test revelation. You are to do the research. One book for each death." She was shown what that meant. Book one was not named, books two and three were: ***Future Memory; A Manual for Developing Humans***. Initiating what *The Voice* told her to do, she quit her job, gave away or stored everything she owned, sold her home, and left Idaho. That was 1978. Elisabeth Kübler-Ross told her about the phenomenon when they met in Chicago, and named her a near-death survivor. She began her work after that, using the police investigative techniques she learned in childhood as her protocol.

Author of 18 books on or related to NDEs, some of her findings have been verified in clinical studies, among them the prospective study done in Holland and published in ***Lancet Medical Journal*** (12-15-01). Her ***The Big Book of Near-Death Experiences*** brought the entire field up-to-date and was featured in an online version of *Newsweek Magazine*. Her website e-books include *Brain Shift/Spirit Shift: The Aftereffects of Near-Death States (a three-part series no longer available)*, *The Challenge of September 11*, *The Frost Diamond* (a child's color book), *Life Sounds* (poetry), and the original version of *I Died Three Times in 1977*. In 2005, she was awarded the Outstanding Service Award from the International Association for Near-Death Studies (IANDS); Lifetime Achievement Award from the National Association of Transpersonal Hypnotherapists (NATH); honorary Ph.D. from a school in Sri Lanka. Other awards followed. She has presented twice at the United Nations, been a guest on many TV and radio shows – including George Noory and Art Bell. Her books have been translated into over 12 languages. Anyone can subscribe on her website for her famous *Free Monthly Newsletter FOR THE CURIOUS*, as well as peruse many features.

I Died Three Times in 1977 – The Complete Story



In [Kindle or Paperback](#)

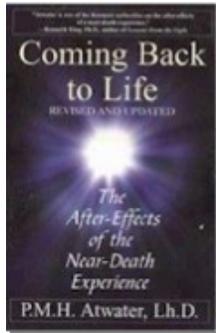
ASIN: B003WQBIM8

Some comments from the Forward to this book made by Pim van Lommel, M.D., head of the prospective study of near-death experiences in Holland.

“By doing all the research about near-death experiences that she did, and by writing about it, she was a great help for breaking the taboo about the subject, not only for those who were confronted with someone who was trying to describe his/her experience, like physicians, nurses,

but also family members and friends. She especially helped those men and women who had had an NDE and did not know what to think of it, or how to accept it, or what to do about the associated transformational changes in life-insights and the loss of the fear of death.

“In writing this very important book about her own three near-death experiences, she not only enables people to understand and accept their NDE; but, perhaps even more important, she is able to describe so impressively her experiences and the impact they had on her life. ‘You don’t always know you are dead when you die.....My body was not me. I was meI was a sprinkle of pure consciousness.....Everything that ever was, is or will be was there, yet there was nothing at all.....My life review was not a review, it was a reliving of every thought, of every word, of every deed, plus the effect of each thought, word and deed on everyone.....Thoughts really are things. They are powerful. Thoughts are pre-matter itself for they have substance and mass and thus can be shaped into form at will. It can be done and I did it.....I saw the role of consciousness in the process of Creation.’ Dear PMH, thank you for writing this book.” – *Pim van Lommel*



Coming Back To Life The After-Effects of the Near-Death Experience

ISBN: 0345360168 Paperback - Ballantine Books, New York City
ISBN: 0806523034 Hardcover - Dodd, Mead & Co., New York City
Softcover - Citadel Press, New York City

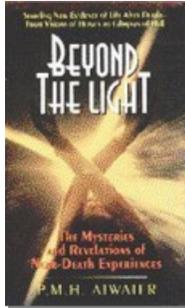
COMING BACK TO LIFE is the first book about the near- death phenomenon to look at all aspects of both the experience and its aftereffects - including the hellish experience, suicides, possible changes in brain structure and chemistry because of what happened, plus how the phenomenon really affects those who experience it - and compares all of this to what a person goes through after a transformation of consciousness, no matter how caused. The tone is up front and personal. The story of the author's three near-death experiences is covered in Chapter Two, as a way of setting the stage for this controversial investigation. Extensive Resource Section.

Author Note: Most of my research of near-death states began in 1978, one year after my own episodes, and continues today. I learned police investigative techniques as a child, spending a lot of time in the Twin Falls Police Station, waiting on my father to take me home during "coffee breaks." This was allowed then (the 1940s). I geared my own investigations accordingly, cross-checking my findings at least three times before I published anything. Most of my material is based on on-the-spot interviews, observation and analysis - all of it original. My preliminary findings were published in a column I wrote for "Vital Signs" Magazine, then a publication of the International Association for Near-Death Studies, beginning in 1981. "Coming Back to Life" is an outgrowth of those early columns.

"Anyone interested in the personality changes which affect persons with an NDE, and this includes relatives and friends of such persons, will find this very interesting reading ... compelling." - [Raymond A. Moody, Jr., M.D.](#)

"An extraordinary piece of work ... There is nothing to equal it anywhere in the literature for sheer abundance of information, sensitivity, and readability. Atwater is one of the foremost authorities on the aftereffects of a near-death experience." - [Kenneth Ring, Ph.D.](#)

"This book gripped me more than any other book I've picked up in the last 10 years. It talks about the changes we are moving into and helps us understand some of the things we will be moving through. It's a book of reality and a book of hope." - [Marzenda Stiles McComb](#)



Beyond the Light

The Mysteries and Revelations of Near-Death Experiences

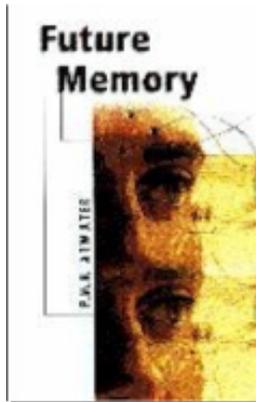
ISBN: 1-55972-229-0 Hardback - Birch Lane Press, New York City ISBN:
0-380-72540-1 Paperback - Avon Books, New York City

BEYOND THE LIGHT enlarges and expands the entire field of near-death studies, introducing the most in-depth investigation yet of the far-reaching impact and surprising dynamics of near-death states. Comprehensive, it is based on over 3,000 interviews with near-death survivors over a sixteen-year period. Adults and children are covered, 20% from the black race, many foreign countries represented. Revealed are the four types of near-death experiences along with a basic profile of who tends to have which type, investigations of near-death-like episodes and other anomalies, the full range of psychological and physiological aftereffects, "the light" of enlightenment, revelations that near-death survivors bring back from the other side of death's curtain, plus a host of startling new material on topics like electrical sensitivity, black angels, and brain shift. Protocol for nurses, emergency crews, and health-care providers who suspect their patient might be having a near-death experience. Section on Spiritual Emergence / Emergencies, Research Methodologies, and extensive Resource Section.

Author Note: I advance here what I have noticed since beginning my investigations of near-death states in 1978 ... that the near-death experience, along with other types of consciousness transformations, are really a "brain shift." I identify brain shift as a structural, chemical, and functional change that appears to occur in experiencer brains afterward (whether partial or more complete). Implications explored.

"Atwater's insights and predictions about the nature of the near-death experience came years before the hard medical research that backed them up. She is among this field's best researchers. She skillfully combines science, religion, metaphysics, and her own observations; synthesizing the entire field." - [Melvin Morse, M.D.](#)

"In addition to a number of provocative case histories gleaned from her extensive research into the near-death experience, in her current work, 'Beyond The Light,' P.M.H. Atwater has also provided us with the most complete resource book currently available for those who have become NDE experiencers." - [Brad Steiger](#)



Future Memory

How Those Who "See the Future"
Shed New Light on the Workings
of the Human Mind

ISBN: 1-55972-320-3 Hardcover -
Birch Lane Press, New York City

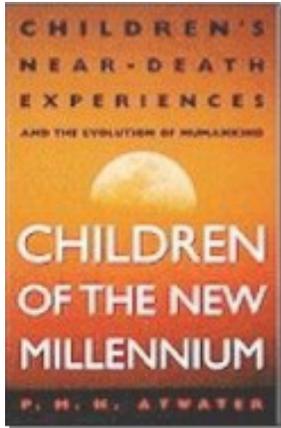
ISBN: 1571741356 Paperback -
Hampton Roads Publishing Company, Inc

FUTURE MEMORY is about people who "live" the future before it physically manifests, and remember having done so. This pre-living is so totally real and utterly involved that there is no way to tell the difference between present time and future time while the phenomenon is in progress. Sensory rich, "Future Memory" suggests that the future can somehow overlay the present, enabling an individual to "rehearse" or prepare in advance for what is about to happen in life. Mistakenly termed "flash forwards" by some researchers, Atwater shows how future memory differs from other modes of futuristic awareness such as clairvoyance, precognition, and déjà vu.

Future Memory stretches the boundaries of what is real and what is not. The inner-workings of creation and consciousness are explored in a spirit of high adventure, along with the big ones: fate and free will, time and space, reality shifts, the higher mind, soul, existence itself, plus revelations about God from Atwater's near-death experiences. Appendices address: differences between altered and transformed consciousness, a conceptual model of space-time relationships, the inner-workings of creation and consciousness via charts, horizontal planes and the number twelve versus "the vertical" and the number thirteen, and the amazing case of Edward de Vere, the seventeenth Earl of Oxford (who probably had several near-death episodes as a child and may indeed be the real Shakespeare). Extensive Resource Section.

Nobel Prize in Physics nominee Peter Rothschild declares, "Atwater offers us a ... crash course in discovering ... our real identity." - [Magical Blend Magazine](#)

"This is a book whose time is appropriate for the close of the century and for the type of consciousness exploration we are involved in today. As we continue to be receptive to and involved in the unfoldment of quantum physics we see more clearly that consciousness is the foundation of what we know and perceive." - [International Association for Near-Death Studies, Vital Signs Magazine](#)



Children of the New Millennium Children's Near-Death Experiences and the Evolution of Humankind

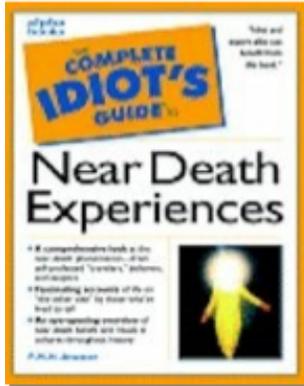
ISBN: 0609803093 Trade Edition, Three Rivers Press,
New York City

In [CHILDREN OF THE NEW MILLENNIUM](#) , P.M.H. Atwater, L.H.D., presents the first in-depth look at the near- death experiences of children. Atwater believes these millennial children - who possess heightened sensory and empathic abilities acquired at birth or as a result of the near-death experience - herald the presence of a new race of people on Earth. This groundbreaking book explores how these special children will dramatically impact the human condition by helping humankind rediscover the spiritual truths needed to survive in our radically changing world.

Author's Note: [The New Children and Near-Death Experiences](#) is a remake of this original book, "Children of the New Millennium." It is much larger, same basic format but with new cases and new research never before published. Additional sections cover such material as information about our tiniest near- death experiencers (newborns, infants, and toddlers), evidential memories of past lives, the youngest hellish case yet recorded, and some amazing facts about Albert Einstein. I am very happy about this revised and much larger version of this original book. I know you will be, too. This is a major study of child experiencers of near-states, their episodes, variations, and aftereffects. Also included is material on the millennial generation, those born between 1982 and about 2003, for comparison. Evolutionary factors are explored, especially the concept of "root races" and multi-dimensional children. No matter what your belief system is, or what you've previously read about near-death states, this book will surprise you.

"This book is now the richest, most probing, and most comprehensive work available of NDEs in children, and at that level alone, it is a major contribution to the field of near- death studies. But it is more than that - it is a truly seminal exploration of the possible evolutionary significance of NDEs as we move into a new millennium, and is in my view the capstone of P.M.H. Atwater's distinguished career." - [Kenneth Ring, Ph.D., author of "Lessons from the Light"](#)

"It surely should rank with Willam James' classic 'Varieties of Religious Experience' if nothing else." - [Joseph Chilton Pearce, author of "Crack in the Cosmic Egg".](#))



The Complete Idiot's Guide to Near-Death Experiences

ISBN: 0028632346 Macmillan (Alpha Group), New York City

THE COMPLETE IDIOT'S GUIDE TO NEAR-DEATH EXPERIENCES

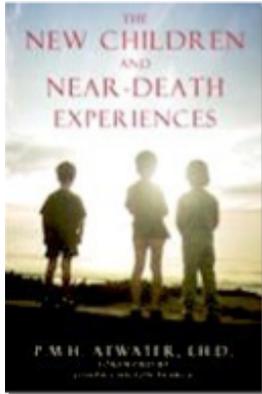
explores a topic that receives plenty of talk-show attention, yet seldom gets serious inquiry. In this text you'll get: (1) A fair-minded examination of near-death experiences and beliefs in a range of religions and cultures. (2) Engrossing stories from those who claim that they've been to the beyond - as well as expert assessment of their accounts. (3) Informed advice on what to do if you or someone you love has a near-death experience. (4) A compelling look at the tension between subjective and objective reality, as well as biomedical factors that may partly explain the phenomenon.

Authors Note: "With the help of David Morgan, my goal in writing this book was to create a single source book that contained all information pertinent to the near-death phenomenon-positive/negative, as seen from 360-degrees - new cases, new research, combined in a lively yet respectful style. The 480-page book that resulted has five appendices and is truly comprehensive. There's nothing else like it ... anywhere."

"The Complete Idiot's Guide to Near-Death Experiences," by P.M.H. Atwater, is an excellent book. Written by one of the leading experts in the field, someone who has written articles on the subject for "Venture Inward," her "Idiot's Guide" is considered by reviewers to be perhaps the best and certainly most exhaustive text on the subject of near-death experiences (NDE). Its certainly not what you'd expect from a book for idiots." - [Henry Reed, Ph.D., Association of Research and Enlightenment](#)

"This is the ultimate compendium on what the research shows thus far on the near-death phenomena. Dr. Atwater's experience, knowledge, wisdom, and love for her fellow spiritual/human beings is transmissible!" - [Barbara R. Rommer, M.D. author of "Blessing in Disguise: Another Side of the Near-Death Experience"](#)

"The Ultimate NDE Guide. Whether you've had a near death experience or just want to gain a better understanding of what NDEs are all about, you'll be fascinated by 'The Complete Idiots Guide to Near Death Experiences.'" - [Cynthia Sue Larson](#)



The New Children and Near-Death Experiences

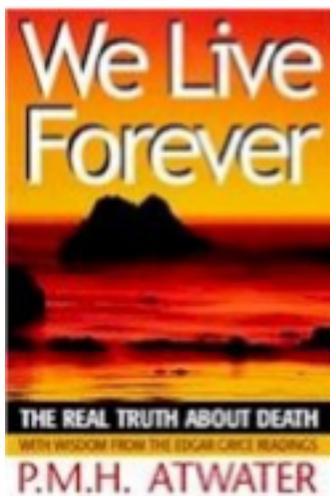
ISBN: 1591430208 Bear & Company, Rochester, Vermont

[THE NEW CHILDREN AND NEAR-DEATH EXPERIENCES](#) is an expansion of the first book ever written that provides - from the view of the child - an in-depth study of children who have experienced the near-death phenomenon and the pattern of physiological and psychological aftereffects which follow. Atwater notes that the child who returns from a near-death experience is not the same child as before, but is a "remodeled, rewired, reconfigured, refined version of the original." Presenting data to support her contention that these children have experienced structural, chemical, and functional changes in the brain, she also shows how their greater empathic abilities as well as dramatically higher intelligence are qualities that are also present in children born since 1982 enhanced abilities that cannot be tied to simple genetics. Atwater shows that understanding the near-death experiences of children can help us prepare for a quantum leap in the evolution of humanity. Extensive resource suggestions and ideas are included, along with an explanation of the protocol used in arriving at the research in this book.

Authors Note: "The New Children and Near-Death Experiences" is a remake of the original book, [Children of the New Millennium](#). It is much larger, same basic format but with new cases and new research never before published. Additional sections cover such material as information about our tiniest near-death experiencers (newborns, infants, and toddlers), evidential memories of past lives, the youngest hellish case yet recorded, and some amazing facts about Albert Einstein. I am very happy about this revised and much larger version of the original book. I know you will be, too."

"This book is the richest, most probing, and most comprehensive available on NDEs in children, and a major contribution to the field of near-death studies. It is also a truly seminal exploration of the possible evolutionary significance of NDEs." - [Kenneth Ring, Ph.D., co-author of "Lessons from the Light"](#)

"Atwater gives us a provocative new perspective on child development and humanity's future." - [Bruce Greyson, M.D., editor of the "Journal of Near-Death Studies"](#)



We Live Forever

The Real Truth About Death

ISBN: 0876044925 A.R.E. Press

The unthinkable happened. Her son's two-year-old daughter Myriam came down with bacterial meningitis. Seizing one day. Dead the next. How both sides of the family responded to her death, gathered in a circle to share intuitive prompts – even those from a year previous. Myriam's visits with her brother and sights of her walking around the house for several weeks afterward were proof that only her body left, not Myriam. Dr.

Atwater wrote this book, both as a tribute to Myriam, and as a continuation of her decades of research in the field of near-death and transformative states of consciousness. She explores deeply such mysteries as heaven and hell, the soul's existence after death, the power of prayer, and the truths and myths about death itself.

"P.M.H. Atwater - the renowned researcher of near-death experiences, future memory, and children of the new millennium - has written her most personal book. This true story is rich in both philosophical insight and in emotional subtlety. It shows us the glorious beauty that lies hidden within even the most terrible tragedies. Perhaps the greatest recommendation I can offer is that this is a book written with care and tenderness by a loving heart." - [Jeffrey Mishlove, Ph.D., host of the "Thinking Allowed" television series, and author of many books](#)

"'We Live Forever: The Real Truth about Death' is conceptually earth shattering in its discoveries about the meaning of life. Dr. Atwater has broken new ground in her quest to understand death and the eternal journey of the soul. Her knowledge of death as well as her advice for the dying and their loved ones is a quantum leap beyond the brilliant pioneer on the subject of death, Elisabeth Kübler-Ross." - [Patrick C. Wells, movie producer of "I Love You To Death" and "Youngblood"](#)

"The composition of the book is brilliant. The content extremely meaningful. The form in which the story of your life is the thread as the motive and crystallization point, is simple and convincing. It touches deeply because of the truths being revealed, the form being authentic and not lecturing from a level of 'I am right.' ... It is a must for all members of the Society of Transpersonal Psychiatry." - [S. G. Lange, M.D., President, Holland's Society of Transpersonal Psychiatry](#)

Goddess Runes

This ancient set of casting runes (not to be confused with Scandinavian divinatory sets and histories) were introduced to Dr. Atwater after she recovered from her near-death experiences, and just before she left her home state of Idaho to do her research. All of her writings and teachings about these ancient runes (traced to the Black Sea and around the Volga, Ukraine, and Crimea) are no longer available. Here's what once existed:

The Magical Language of Runes

Originally self-published, it later became a publication of Bear & Co., then in Santa Fe, NM, with the ISBN number of 093968070X. Said Wabun Wind of this book: "THE MAGICAL LANGUAGE OF RUNES brings a practical, down-to-earth approach to an ancient practice, using our brothers and sisters of the mineral kingdom. P. M. H. Atwater brings her own experience and her lyrical use of the English language to a subject often made too complicated for a true and deep understanding. I whole-heartedly recommend the book to anyone interested in increasing their understanding of life."

Goddess Runes: A Comprehensive Guide to Casting and Divination with One of the Oldest Known Runes Sets.

Avon Books published this with an ISBN number of 0-380-78292-8. All books currently written on runes are about oracle or yang runes and the masculine approach to rune use. Atwater is the first to write about the elder runes, which are used only for casting and are yin or of the feminine. These "group" runes are cast as a single unit, freely, without the need for either layout or format. Illustrative, they create picture patterns that stir the deepest recesses of our heart.

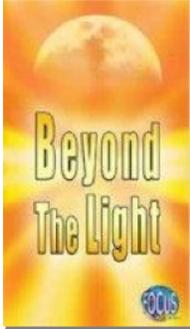
Goddess Runes: Instructions in Brief

A self-published booklet of basic instructions for how to use Goddess Runes; four samples are used for illustrating the casting technique.

Goddess Runes: The Adventure Begins

This one-hour audio presentation was then available as a cassette tape or CD. Side 1 is an introduction to the casting runes and their deeper meanings, teaching you how to trust your wellspring of inner wisdom. Side 2 gently leads you through a shamanic-style visualization that reveals your "Center," that place within your heart-of-hearts that is sacred and holy, your connection to The Source Of All Being.

*** *It is not known at this time if any of this early work can ever be resurrected.*



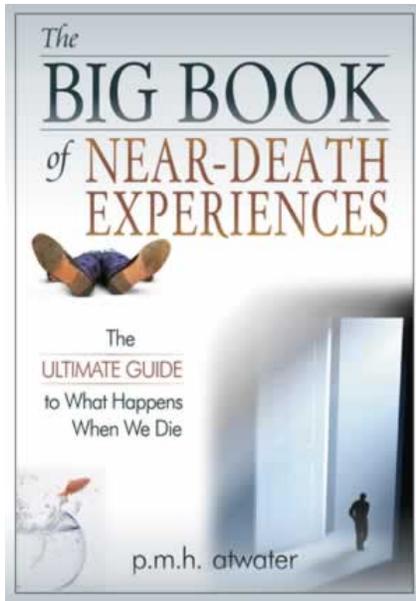
**As You Die,
Know That You Live Forever**
(formerly called
Beyond the Light: A Video Interview)

This ground breaking presentation is uncompromisingly candid as it probes our intellectual and spiritual curiosity about dying.

The initial material for this video came from a phone call Dr. Atwater received from a young man in New York City, dying of AIDS. He had attended talks, intensive workshops, everything he could find from leaders in the death-and-dying field. None of them could answer his one question: What is it like to die? Since he had heard of P. M. H. Atwater, he chanced the call. For one hour she answered all his questions. She was directed in prayer to make what she had said to one, available to all. A year later she was notified that the young man was able to die in peace because of her.

Dr. Atwater gave all rights to this presentation to FOCUS WORLDWIDE, a Catholic Media Organization that had received permission to distribute it – as is. Their research revealed that there is no other presentation like this in the world; my rendering met all requirements for a truly helpful and spiritual approach to death. The last 15 minutes are designed to be played again after death, as we know scientifically that the ability to hear is the last to go. Even after dying, the individual can still process what is being said.

Available directly from Dr. Atwater or from Focus Worldwide via their website at www.focusvideos.com. They are based in Louisiana.



The Big Book of Near-Death Experiences, The Ultimate Guide to What Happens When We Die

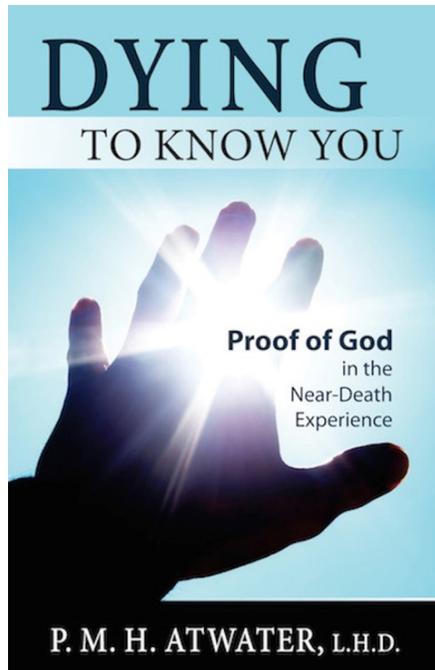
ISBN: 978-1-57174-547-7, Rainbow Ridge Books
now available as an e-book with different secondary title)

A surprising number of people have died and lived to tell the tale – an estimated 15 million Americans and 4 to 5 percent of the global population have had a near-death experience. THE BIG BOOK OF NEAR-DEATH EXPERIENCES is the encyclopedia of this phenomenon, including crucial research regarding the experience, its aftereffects, and the

implications for all of us who someday will shed this mortal coil. This book explores the possibility of the soul, God, other worlds, heaven and hell, the afterlife, religion, and the purpose of life. It investigates and reports on the power of changes lives, the expansion of normal faculties, and the importance of spirituality. With drawings, cartoons, and sidebars from experts, THE BIG BOOK OF NEAR-DEATH EXPERIENCES is also simple and accessible, designed for the busy reader who wants quick little nuggets of wisdom. If you want to know what lies ahead, this book gives you a road map while exploring and affirming the presence of a spirit and the ultimate power of love. An expanded version of THE IDIOT'S GUIDE TO NEAR-DEATH EXPERIENCES, P.M.H. gave full ownership and royalties of this book to the International Association for Near-Death Studies (IANDS) so broader use could occur.

“This book’s clarity of writing style and amazing collection of mind-bending accounts of extraordinary experiences makes for riveting reading.”

– *Robert L. Van de Castle, Ph.D, Professor Emeritus, University of Virginia; author of Our Dreaming Mind.*



Dying to Know You: Proof of God in the Near-Death Experience

ISBN: 978-1-937907-28-0, Rainbow Ridge Books

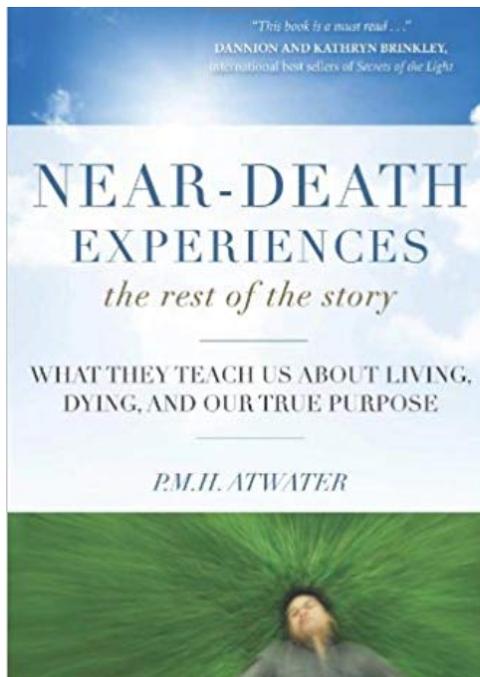
Dr. Atwater calls this “*The People’s Book*,” as it contains a summary of over 4,000 adult and child near-death experiencers – their wisdom, their words, their story. There is no other book like it in the world. The people’s book: a collective of what thousands saw, heard, felt, and suddenly, absolutely, *knew*. It is nothing less than proof that everyone on planet Earth, in their own heart, seeks to have: *that God exists*. They describe a God that in ways is beyond description, a Source, an all-encompassing Oneness. Perhaps it makes sense that

so many who share the same experience are getting to the core of the world’s longing for the truth about God. DYING TO KNOW YOU will shake your beliefs about humanity’s relationship to the nature of God and the universe in which we live.

“This book is a treasure. It rank among the loftiest expressions in modern survival literature.” [Larry Dossey, M.D.](#)

“I’m stunned! I can only digest a little bit at a time. You have put into words the impossible. Everything I ‘know’ in the deepest sense of my heart, that I cannot adequately describe, you’ve written as if it’s ethereal and words don’t translate. You’ve done a great, wonderful job!” [Greg Smith, organizer of Hollywood Grave Line Tours, Proof Reader, Waiter](#)

“Atwater makes a compelling case for the existence of God, going where few researchers have gone before: meeting God while in the midst of a near-death experience. Her many insights into the realm beyond, and those of others whom she has interviewed, provide what may well be a picture window into a soul’s journey back to its maker. Her writing is clear, her reporting thorough, her arguments crisp, her message compelling. Life has value, life has reason, life has meaning.” [Sidney Kirkpatrick, award-winning documentary filmmaker and best-selling author.](#)



Near-Death Experiences: The Rest of the Story

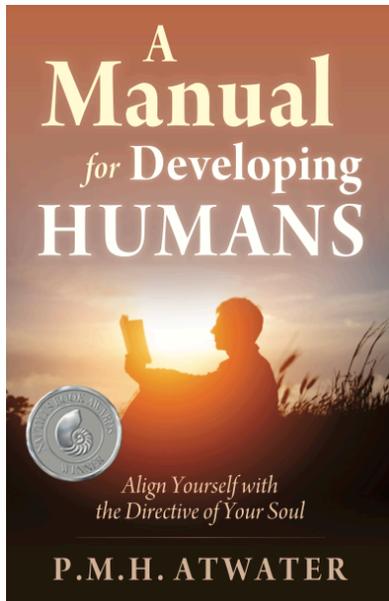
ISBN: 978-1-57174-651-1, Hampton Roads Publishing

Raymond E. Moody, Jr., M.D. started it. In 1975 his book LIFE AFTER LIFE took off like a rocket ship. And it has yet to stop turning heads worldwide. Scientists in other countries objected strenuously. They couldn't match Moody's claims. Kenneth Ring changed that when he published LIFE AT DEATH. I entered the scene in 1978, quietly researching near-death states and amassing a great deal of data. Quite by accident, Ring discovered the self-published book I wrote entitled I DIED THREE TIMES IN 1977 in

Hartford, Connecticut. How it got there nobody knows. He called me and arranged a meeting. That was 1981. My peers turned out to be physicians, psychologists, psychiatrists, and scientists who spoke a language I did not know. Experience had long taught me that transformational shifts in consciousness were outside the "scientific method." As a trained observer/analyst, I felt my work was just as valid, plus I had a long history of working with thousands who had experienced altered states and the transformational process. With that background plus my own NDEs, I tackled all aspects of near-death states, daring to go where others had not.

"This book is *an absolute must* for anyone interested in how NDEs relate to the transformation of consciousness, spiritual awakening, and our true potential and that of the world....Destined to become a classic in Near-Death Studies and consciousness research, it has *my highest recommendation.*"
Scott A. Olsen, Ph.D., author of award-winning The Golden Section.

"Covers much more than near-death. It is a compendium of wisdom about the nature of consciousness that is well worth reading." *Stephan Schwartz, author of Opening to the Infinite, Senior Samueli Fellow for Brain/Mind.*



A Manual for Developing Humans

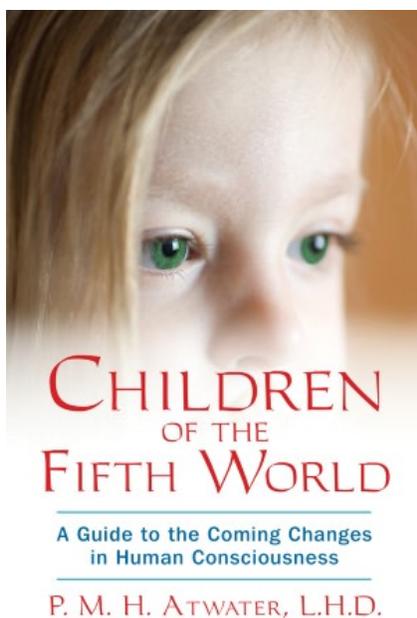
ISBN: 978-1-937907-47-1, Rainbow Ridge Publishing

A Guide to Living for This Life and Beyond, this is the third book P. M. H. Atwater was told to write during her third near-death experience. Based entirely on threes, there are no chapters - only the development of *conscious*, *subconscious*, and *superconscious* aspects to each topic – every topic – for the THE MANUAL contains the basics on every level of life – from how to use your mind,

develop and use intuition, understand color, sex, relationships, children, how to take out-of-body trips, interact with spirit beings, meditate, bend time, and rethink money. Aliveness jumps from every page – of soil, rocks, mountains, vegetation, the air we breathe, our planet, our solar system, our universe – even electricity and energy itself, along with The Void (the ultimate cradle of creation). Each of six main parts is separated by thought-form drawings done by the author. Filled with what she has learned from 80 years of living. Many surprises.

“I have read many thousands of books in my lifetime, and interviewed hundreds of authors. However, A Manual for Developing Humans is one of the most absorbing and important books I have ever read. I was informed, fascinated, and uplifted by its huge range of topics. When I finished reading this wonderful book I just wanted to go back and read it again. Brilliant!”
Barry Eaton, broadcaster and author of Afterlife and No Goodbyes.

“Who else would be bold enough to write a book titled A Manual for Developing Humans, but PMH Atwater? This book inspired me big time! She of course deals with near-death but also how to eat and breathe and live, with common sense reminders for how to bring meaning and joy to everyone’s life. Her next to last chapter title sums up her many books so well: *We are all 'Gods in the Making.'* I have known PMH Atwater for many years and her books just keep getting better.” *Michael Peter Langevin, author of The Secrets of the Amazon Shamans and Spiritual Business.*



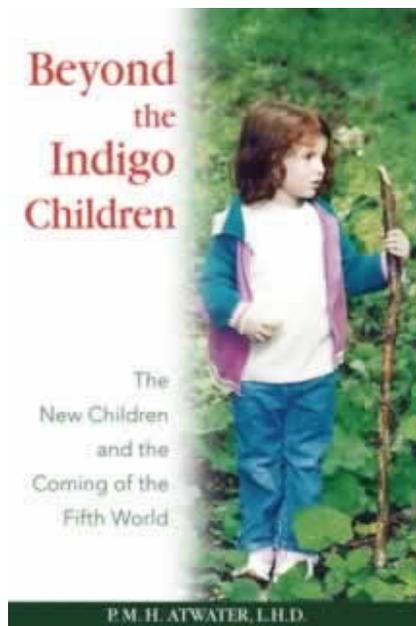
Children of the Fifth World: A Guide to the Coming Changes in Human Consciousness

ISBN: 978-159143153-4, Bear & Company (Inner Traditions)

The past 30 years have seen a quantum leap in the intuitive, creative, and abstract thinking abilities of children as well as unprecedented increases with ADHD, dyslexia, and autism spectrum disorders. As Dr. Atwater explains, we are witnessing evolution at work. The changes in consciousness and brain function evident in our "new kids" signal the widespread emergence of the Fifth Root Race that, fortuitously, coincides with our transition into the Fifth World. Providing a resource for parents and new kids themselves, she explains what is happening to our species and our world – from neurological changes and climate upheavals to the drive to be constantly "connected" through screen-based technology and the unnecessary widespread use of drug therapies. Sharing individual case histories underscoring traits of new-child personalities, she reveals how these children, born with universal consciousness encoded in their DNA, act as agents for world change. Explores the "Rule of Thirds" and future timelines.

"If you believe that major changes are coming and the children coming into the world are harbingers of those changes – and this has antecedents reaching back thousands of years – then once you pick up this book you won't put it down. I suggest you be careful when you pick it up, because your thinking, and your world, will never be the same." *Ervin Laszlo, founder of The Club of Budapest Think Tank, author of more than 80 books, and Two-Time nominee for The Nobel Peace Prize.*

"Packed with mind-boggling insights, this book is a must-read for parents, educators, and all humans as we ponder how to navigate our fast-changing world." *Virginia Collier, Ph.D., Professor Emerita - George Mason University.*



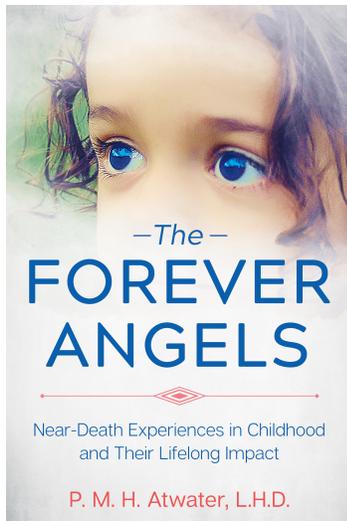
Beyond the Indigo Children: The New Children and the Coming of the Fifth World

ISBN: 159143051-8, Bear & Company (Inner Traditions)

Ancient traditions have foretold that our successful passage through the “gateway” of planetary development depends on the “fifth root race” – new stock in the human gene pool designed to help us through the exciting and massive changes ahead. P. M. H. Atwater illuminates the characteristics of the “extraordinary new children” of the fifth root race, those brilliant and irreverent kids born since 1982. She explores the relationship of the new children to ancient prophecies, providing extensive background information about the seven root races (the sixth and seventh have yet to appear), and the great shifting of consciousness already underway. She reveals the connection of the seven root races to the seven chakras, and how the fifth chakra – the chakra of willpower – will be opened for humankind as the new children grow to maturity. BEYOND THE INDIGO CHILDREN explains the grand sweep of human evolution and the worldwide ascension of energy now occurring.

“Takes the new children – those often termed ‘Indigos’ – and places them in a context whose scope boggles the mind. Weaving together metaphysics, legends, new physics, sociology, child development, gifted education, near-death experiences and transformations, BEYOND THE INDIGO CHILDREN explains why such children are making waves on the planet and why this is happening now.” *Betty Maxwell, Associate Editor, [Advanced Development Journal](#).*

“A fascinating and instructive book that provides a wonderful, grounded ‘voice of reason’ among all the misinformation that’s being bandied around about today’s children.” *Sandie Sedgbeer, Managing Editor, [Children of the New Earth](#) magazine.*



The Forever Angels: Near-Death Experiences in Childhood and Their Lifelong Impact

ISBN: 978-1-59143-358-3, Bear & Company (Inner Traditions)

In this major study of near-death experiences with the newly born, babies, toddlers, and children up to age five, NDE expert P. M. H. Atwater reveals how those who experience a near-death state or other worlds at a very young age are profoundly affected for the rest of their lives. Drawing on interviews with nearly 400 childhood experiencers, both the young and fully matured, Dr. Atwater shows how in contrast to adult experiencers, child and infant experiencers cannot compare "before" with "after" because they do not have a "before." Examining their memories of the womb, birth, a "mature" childhood, she reveals how the memory of the life-continuum never fades, nor does the desire to go back. Special chapters cover PTSD vs. NDES, Markers, and Historical Cases.

"P. M. H. Atwater establishes that the full pattern of NDE aftereffects has a far greater impact on children than anyone thought before. . . a very important and valuable contribution." *Pim van Lommel, M.D., NDE researcher and author of [CONSCIOUSNESS BEYOND LIFE](#).*

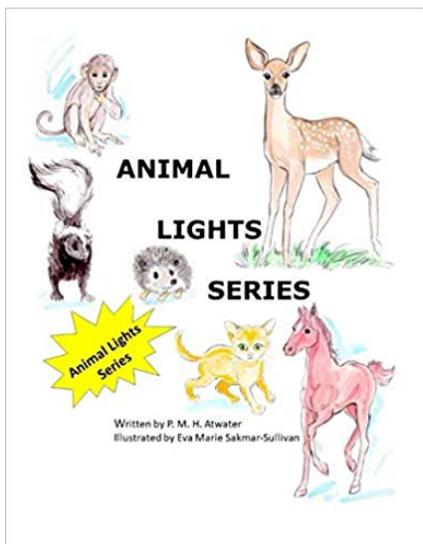
"In this novel approach, Atwater interviewed hundreds of people before and near the end of life who recalled having had an NDE in their first years of life. This strategy gives us an unprecedented "long view" of how NDEs influence these children over the entire course of their lives. There is no other book like this, nor is there likely to be one." *Bruce Greyson, M.D., Carlson Professor Emeritus of Psychiatry and Neurobehavioral Sciences, at the University of Virginia Health System.*

Animal Lights Series

Animal Lights is an outgrowth of THE FOREVER ANGELS, a book of new findings about the very young that will affect the entire field of near-death studies. So many children remember their birth, some being in the womb, that it is now time for this type of book to help both parents and children.

Animal Lights are six children's books about animal babies who remember *being in the light, being conceived, living in their mommy's "pocket place" (womb), and being born.* Available only through Amazon.com, either as an e-book or paperback; all six as single books or together as a single item.

Their stories are about problems and having fun, about nearly dying, and about handicaps. They're all about *"coming into this world from the spirit world."* The purpose of the six children's books is to enable parents to have something fun to do with their children, to help kids remember their own time in their mother's womb, remember birth, and discover the words to talk about this, words to talk about anything they might want to talk about. For instance, parents might ask their child, "Do you have any memories like Busy Betty Wiggles?"



Winnie Rolls Around – a horse baby who learns how to handle a handicap.

Busy Betty Wiggles – a monkey baby who loves to wiggle and see light.

Oops A Baby – a skunk baby who has a big tail and learns how to accept it.

Tommy Two Toes – a fawn baby taught to walk by his miscarried twin.

Wee Willy Kins – a very small hedgehog baby who learns self-acceptance.

Sally Suzy Q – a kitten who almost suffocates but is saved by angels.

Artist: Award-winning Eva Sullivan

Graphic Designer who donated his time to help: Kevin Williams

Project Coordinator S. A. Wiltse

Writer/Creator: P. M. H. Atwater

Available for Talks, Workshops,
Interviews.

"Have passport, will travel."

Thanks, PMH